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**THE RELATIONSHIP BETWEEN TYPE OF EMPLOYMENT AND MENTAL  
HEALTH OF WOMEN WORKING IN BEHBAHAN**

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**ABSTRACT**

The aim of this study was to investigate the type of mental health in working women working women in Behbahan is that the method was descriptive and correlational. To assess their mental health, mental health questionnaire form of 25 questions was used. A total of 241 women workers (nurses, teachers, council employees and employees of oil companies) who were selected using random sampling, the results of this study showed that women who work in the mental health of middle to high .The oil company workers between different jobs with the highest average and nurses have the lowest average is also the job of working women have significant mental health.

**Keywords: Mental health, occupation, women, Behbahan**

**INTRODUCTION**

The concept of mental health is the health aspect of the concept. Mental Health Psychology Larousse dictionary defines as: Mental capacity to coordinate, pleasant and effective work for difficult situations, behave flexibility and the ability to restore balance to mental health is an integral part of public health that the individual elements of

cognitive, emotional, and his ability to build relationships with the awareness (Ahmadvand, 2003). Man with a better mental balance can overcome the stress and pressures of daily life to fruitful and profitable returns and useful person to society. Mental disorders and mental impact on mental health with access to parts of the

foregoing and to implement all of them generally or relative to be impossible. Because mental health is the foundation of human development, various factors can compromise the mental health of motivation is one of the factors, particularly employment of women are employed (Shah Mohammadi, 2000).

In fact, women who have two jobs working women who work at home and they work outside the home environment. The occupation's impact on their mental health. Many of these women are tired of work and more are working but because of the economic situation, according to your favorite people to work or to escape unemployment in the job have the mental health of the first group more.

However, all people who are forced to work because of the economic situation must be very attentive to their physical and mental condition and work alongside engage in sports and recreational activities. Women's employment concerns for all communities, especially in our society for men whose wives are working on has been less investigated. Results of a study suggest that increasing women's employment decreased marital satisfaction and wives are being hurt (Syrian and Zarvandi, 2006).

People with unemployed spouse (housekeeper) of a wife who had more marital satisfaction. In fact, this study shows a decrease in marital satisfaction and increase women's employment is neurotic spouses. But while studies show that women who work on women's employment outside the home has income compared with other women, are more independent and better at making decisions, they are more confident they satisfied themselves there.

According to research, mothers with young children at home, compared with women who are at greater risk for mental disorders, especially women, lower classes that stress-inducing conditions in their home and have no social protection, In addition to the women who are physically healthier than housewives and fewer hours in the overcrowded feeling sick (Nikpour *et al.*, 2006). Mental health science for a better life and social well-being that all aspects of life from the first moment of conception until death to life, including intrauterine life baby childhood to adolescence, adulthood and aging in place. Mental health and artistic knowledge that helps people to create the correct ways of psychologically and emotionally cope with its environment to solve problems and solutions better choice (Saeb, 2005).

Mental health depends on how people feel and act thinking. In general, people who have mental health have positive attitudes towards life. Responsibility in the workplace and their relationships are. Because when we expect the best things in life have mental health and we are ready to deal with any incident. Most psychiatrists ability of adaptation, flexibility and fair and reasonable in the face of deprivation and psychological pressure as the basis for health and mental balance, you know, the main purpose of the treatment of the mentally ill as well as enabling them to family life, social and so-called compromise with the environment.

Brad Rock Buri (2011) in a study of aggression in different roles and the role of working women studied. Results showed that aggression distinguishing non-working women was employed. Additional analysis, the researchers found that 68 percent of marriages can be accurately based on variables classified communication and aggression in their consequences. Bladv Wolf (2011) and Hill (2012) showed that the power of working women throughout the life cycle and will affect their mental health. The results of these species can be deduced that women employed inner beliefs based on different roles does not change during the life cycle. The history of women's work at home

and work in the complex area of work reveals. The clear separation between work and home was pre-industrial Britain. Economic production was centralized in factories and offices and centers and more people were working in the house or close to it. There was no gender separation between productive work and non-work.

Although many single women and married workers are forced to work by the end of the nineteenth century, but almost all of them had accepted the principle of home life and were not expected to stay until the end of working life. Married women believed that their primary obligation is to the family and to work only when he turned the family's survival requires. According to the 1851 census, twenty-five percent of married women were working, but until 1901 the figure was ten per cent of compromises made. The ongoing concerns was the growing industries that are among the middle class in the years 1782 to 1830 and gradually formed to all floors and had spread to both males and females. The world continues to be divided into the domestic and the public. Men should be in the public domain and policies to earn and provide for their families and women should stay at home their home territory. The couple and their children and

husband to rely on financial support. (Abbott CI 1, 2010).

**The hypothesis:**

The type of jobs women working on mental health is significant.

**Research Question:**

Are job on the mental health of working women there is a significant relationship?

**The type of research and statistics:**

This is a descriptive study of correlation in this type of research without manipulating the relationships between variables studied. In this study, according to the hypotheses of the mean, standard deviation, variance analysis and Duncan test were used.

**Community sample:**

In this study, the study population consisted of all working women jobs as nurses, teachers and staff city council in 1393 Behbahan that have been worked up .The sample consisted of 241 women who work (jobs: nurses, teachers and council workers and oil companies) who were selected randomly.

**Data collection:**

The study questionnaire was used to collect the data necessary for the assessment of mental health oriented SCL-25 questionnaire was used as a mental health questionnaire .Was approved by the validity and reliability is calculated using internal

consistency in a sample of 97% female and 98% were obtained in samples obtained.

**Statistical Methods:**

In this study is to describe the current situation of view, mean, standard deviation, minimum and maximum score is used. To analyze hypothesis, one-way analysis of variance was used to analyze the data using SPSS software and the significance level used in this study (5%) is considered.

**The findings of the investigation****Descriptive findings:**

As can be seen in Table 2-4 mental health workers in the city are 93/75, between jobs, with an average of 02/79 oil company has more staff and nurses with an average of 32/72 with the lowest is the standard deviation of oil company employees with 81/9 has the greatest deviation and perversion of council staff are 48/1 with minimum deviation.

**B) The results of the study hypothesis**

**Hypothesis:** the mental health of working at various jobs there is a significant difference. As can be seen from Table 4.3 as the mean square among a group of 38/569 and 84/117 respectively mean square within the group and f equal to 2.362 and 0.006 with a significance level of 95% and 5% error, because the smaller the significance level of 5% hypothesis is confirmed.

In Jdvl4-4 (Duncan) the mental health of employees based on their field in order to more regular and based on the average of less homogeneous with each other in groups, have been grouped. Jobs that mean they are located in a column with no significant differences between those in the field are not a significant difference

Darnd.bh other words, not in the same situation. The result shows that there is a significant difference between the job with the oil. In fact, Duncan's post hoc tests as well as mental differences with other disciplines to good oil show. The difference in Figure 4-4 (mean graph) as well as one can see.

**Table 4.1 Frequency of respondents by type of job**

The prevalence of	N	Statistics
		Type of job
24.27	59	Staff Council
39.50	96	Nursing
20.57	50	Teacher
14.81	36	Oil workers
100	241	Sum

**Table 4-2: variable descriptive findings related to health**

Mean	Std. D	mental health
76.83	1.48	Staff Council
72.32	4.78	Nursing
75.58	2.41	Teacher
79.02	9.81	Oil workers
75.93	7.07	Sum

**Table 4-3 one-way analysis of variance**

	Sum of Squares	df	Mean Square	F	Sig.
Between Groups	436186.915	4	109046.729	2.362	.006
Within Groups	7173.7	237	30.141		
Total	443360.61	241			

**Table 4-4: Duncan test results to assess the mental health of employees by type of job**

Type of job	N	Subset for alpha = 0.05	
		1	2
Teacher	Teacher	75.58	
Staff Council	Staff Council	76.83	
Oil employees	Oil workers		79.02
Nursing	Nursing	72.32	
Sig.		772	

**CONCLUSIONS**

The results of this study showed that women who work in mental health between different jobs medium-high and oil company employees and nurses with the

highest average is the lowest average and the standard deviation of oil company employees has the highest with the lowest deviation Council staff there deviation.

The explanation is based on the hypothesis that the mental health of working at various jobs there is a significant difference. F and significant results with 95% confidence level and 5% error, because the smaller the significance level of 5% hypothesis is confirmed. The result also shows that the job Danken oil with other group there is a significant difference. In fact, Duncan's a post hoc test as well as mental differences with other disciplines to good oil shows.

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